



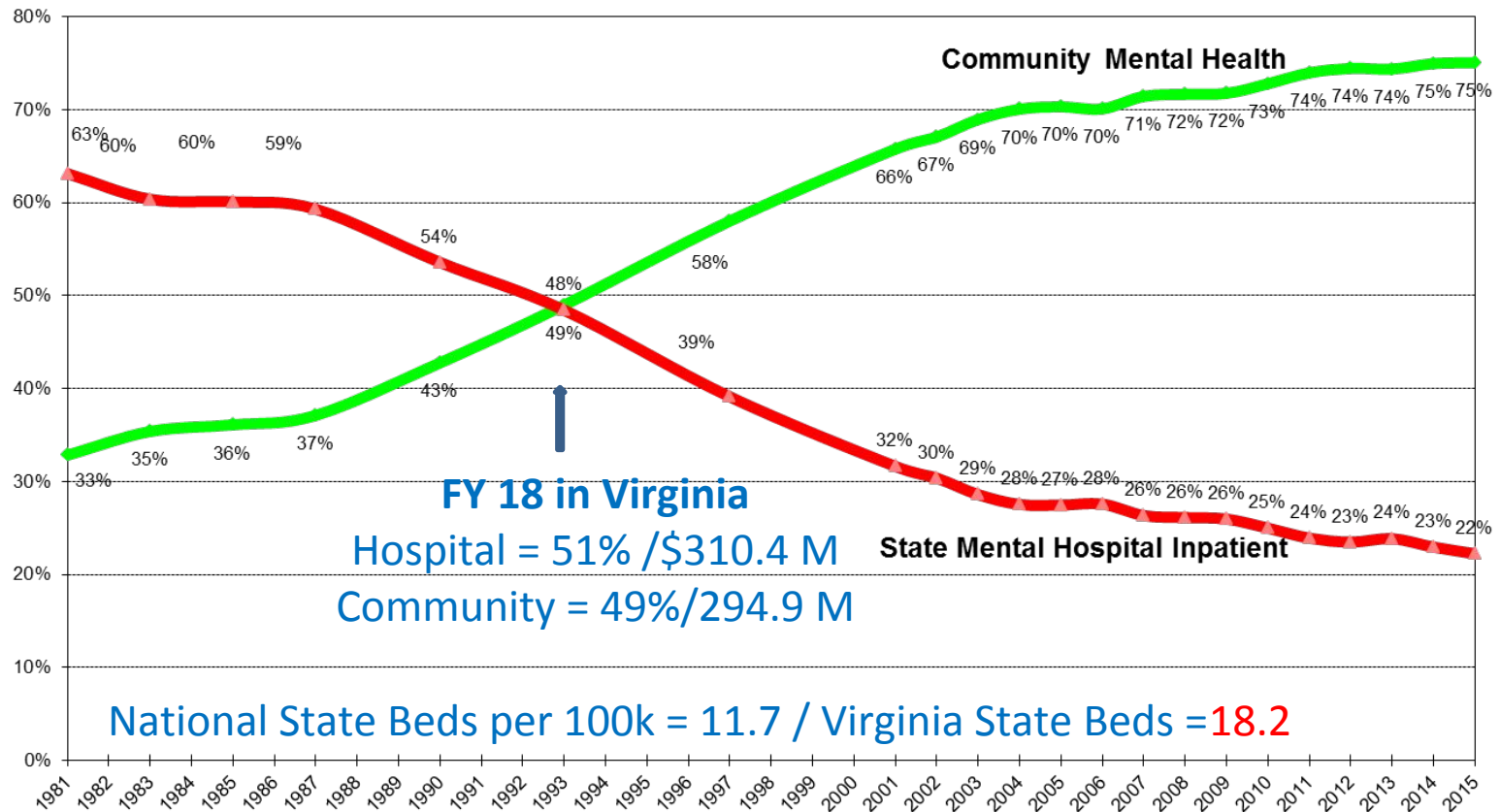
Virginia Department of  
Behavioral Health &  
Developmental Services

# **System Review And Guiding Principles For Next Steps**

SB1488 Workgroup  
June 24, 2019

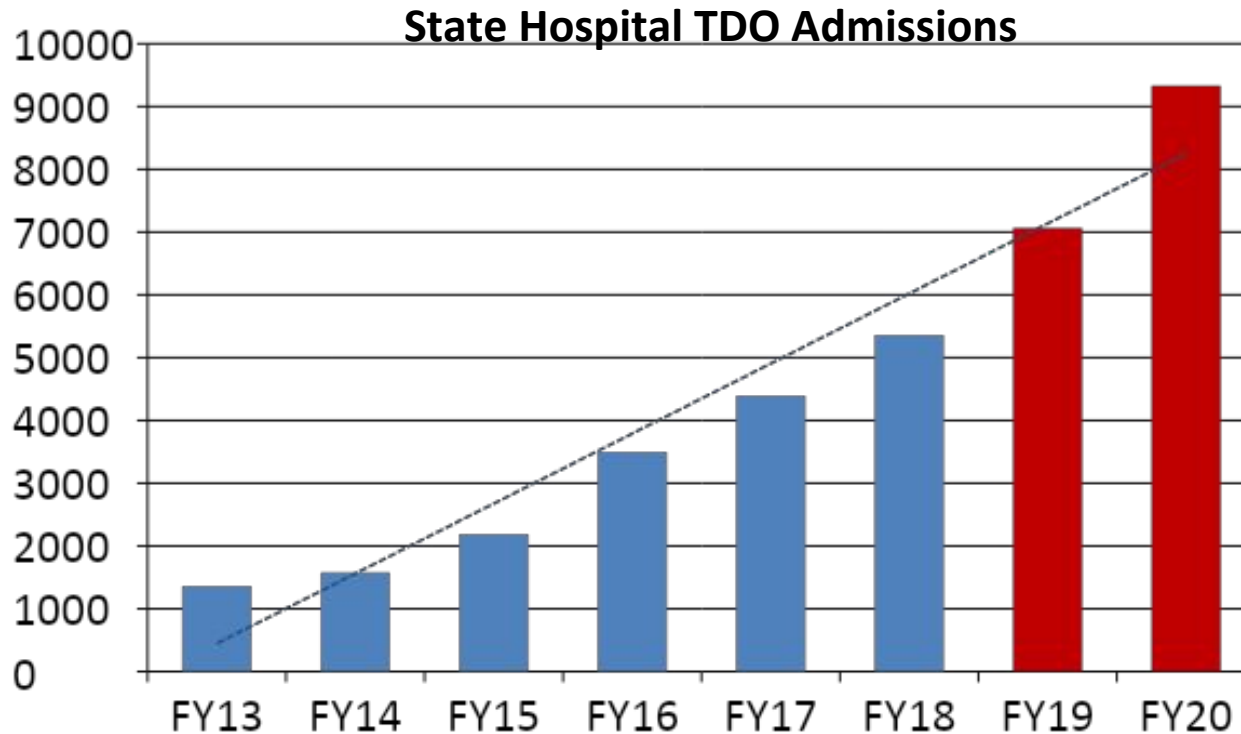
# How Virginia Compares to the Nation

## General Fund Dollars Invested in Community Services Relative to State Hospitals



Since FY15, Virginia has invested \$36.9 M in state hospitals and \$31.2 M in communities for census management

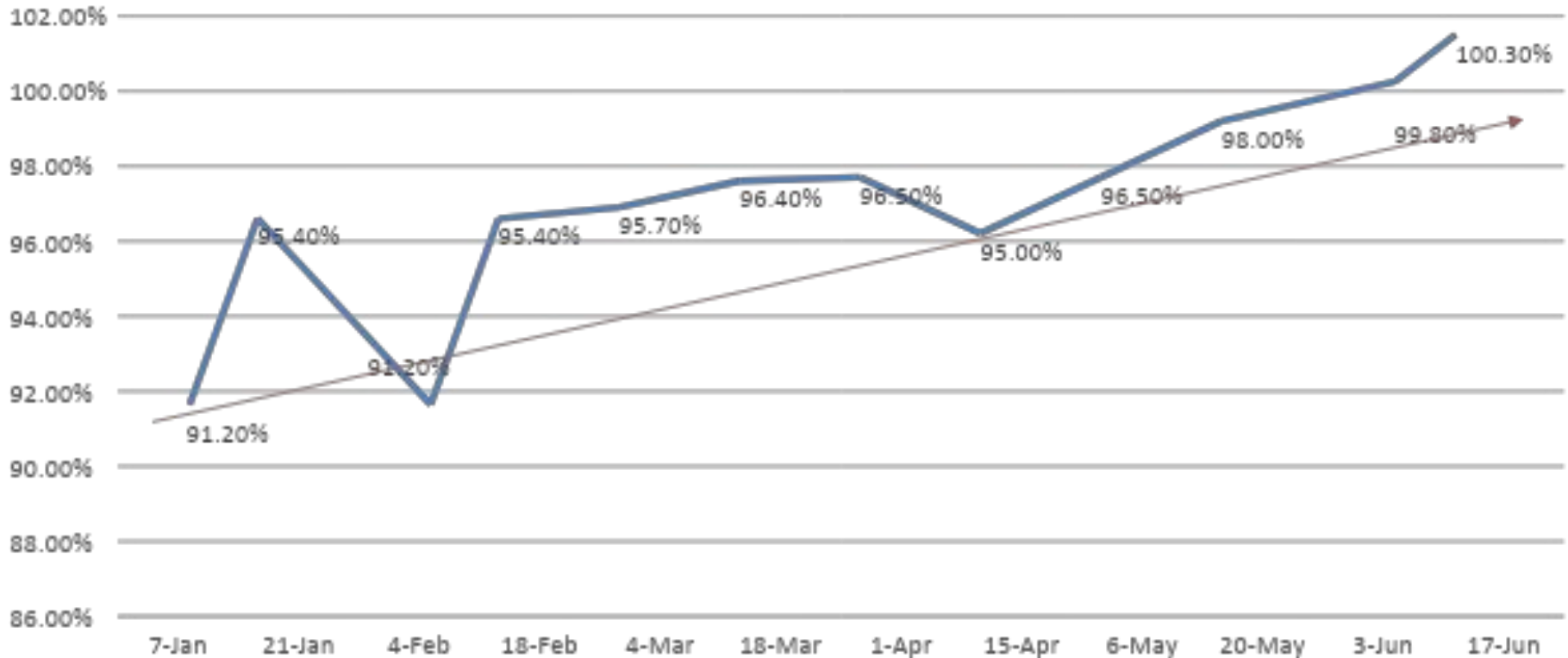
# Where Virginia Is Headed



- The “Last resort” legislation and 8 hour ECO implemented July 1, 2014.
- Since FY 2013, TDO admissions have increased 294%.
- Total TDO’s remain unchanged for the last three years.
- Since FY 2013, medical care costs have grown by more than 90%.
- **For FY 2019, the census trend is exceeding prior years.**

# Where Virginia Is Today

## Percent of Adult and Geriatric Beds Filled in State Hospitals



# Where Virginia Should Be Going

## Guiding Principles

- Individuals in need of behavioral health services should have access to a full continuum of care, including inpatient hospitalization in their home communities
  - Since 2015, approximately 15,000 individuals under a TDO were sent to a state hospital when they previously would have been served in the community private hospitals

# Where Virginia Should Be Going

## Guiding Principles

- Individuals in a behavioral health crisis should be assessed and treated consistent with best clinical practices and provided with community based crisis stabilization whenever possible
  - Behavioral health emergencies should be managed with adequate staff using best practices just like medical emergencies
  - There is outstanding question if the current eight hour ECO period is sufficient to adequately assess, treat, and provide crisis stabilization services for all individuals, particularly for those who are intoxicated, have unstable or complex medical conditions, and/or neurocognitive disorders

# Where Virginia Should Be Going

## Guiding Principles

- Individuals in a behavioral health crisis, who present risks to themselves or others, should be transported, assessed and treated with an appropriate level of security and by staff with proper expertise
  - Virginia is implementing state wide alternative transportation for individuals under a temporary detention order
  - Virginia has 37 existing and five developing Crisis Intervention Team Assessment sites through out Virginia but they do not all operate 24 hours a day, seven days a week

# Where Virginia Should Be Going

## Guiding Principles

- The role of Virginia's state hospitals should be to
    - serve individuals with criminal justice involvement
    - provide longer term care for individuals with the most serious forms of mental illness after an unsuccessful effort to stabilize them in a community hospital
    - Provide a safety net for a very limited number of individuals under a civil TDO whose risks demonstrably exceed the capacity of the community hospital
- \* Now 70% of state hospital admissions are individuals under a civil TDO, many of whom stay less than a week.***